



Examining individual variation and deformation dependence of growth plate tissue mechanics



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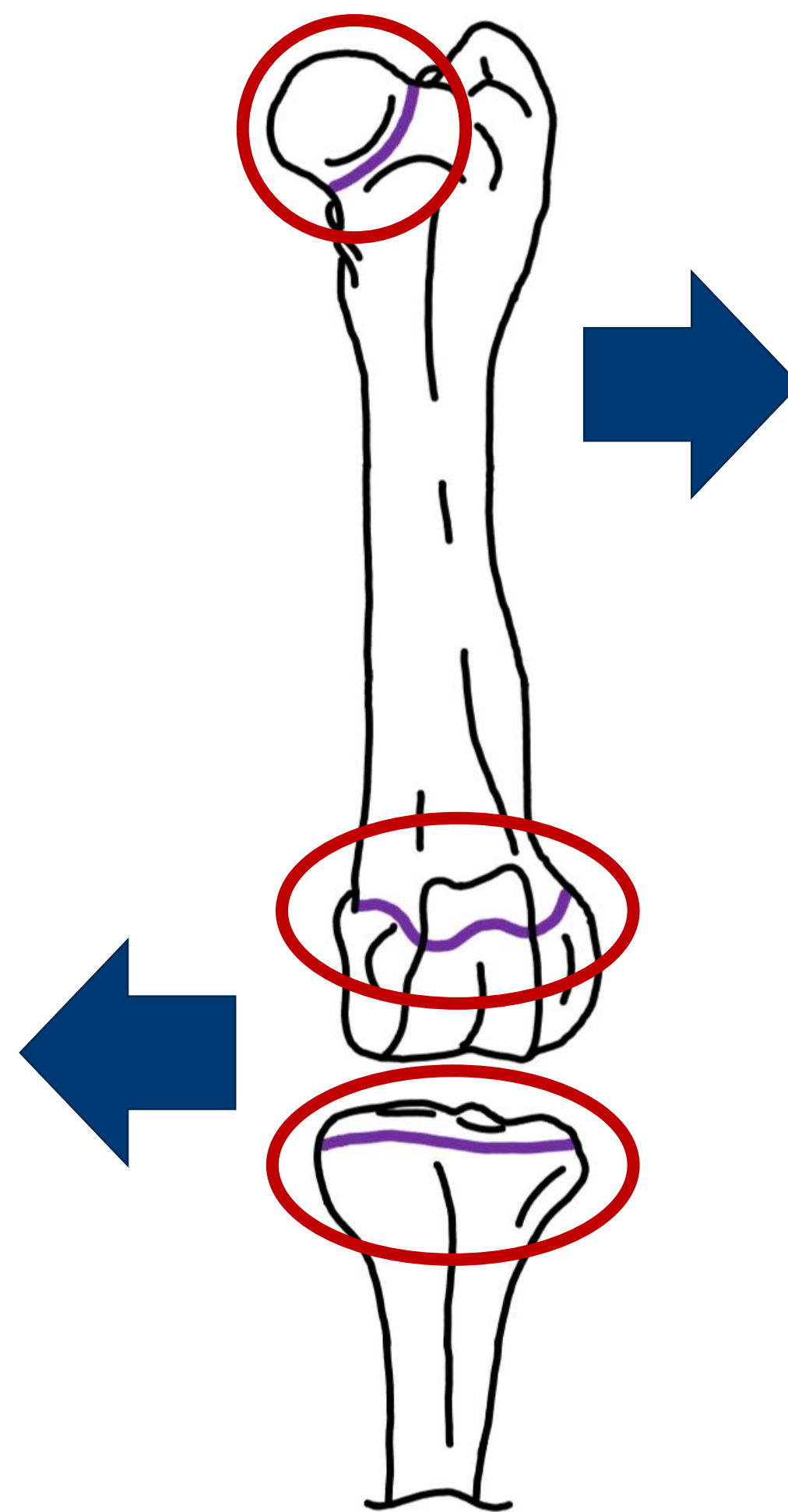
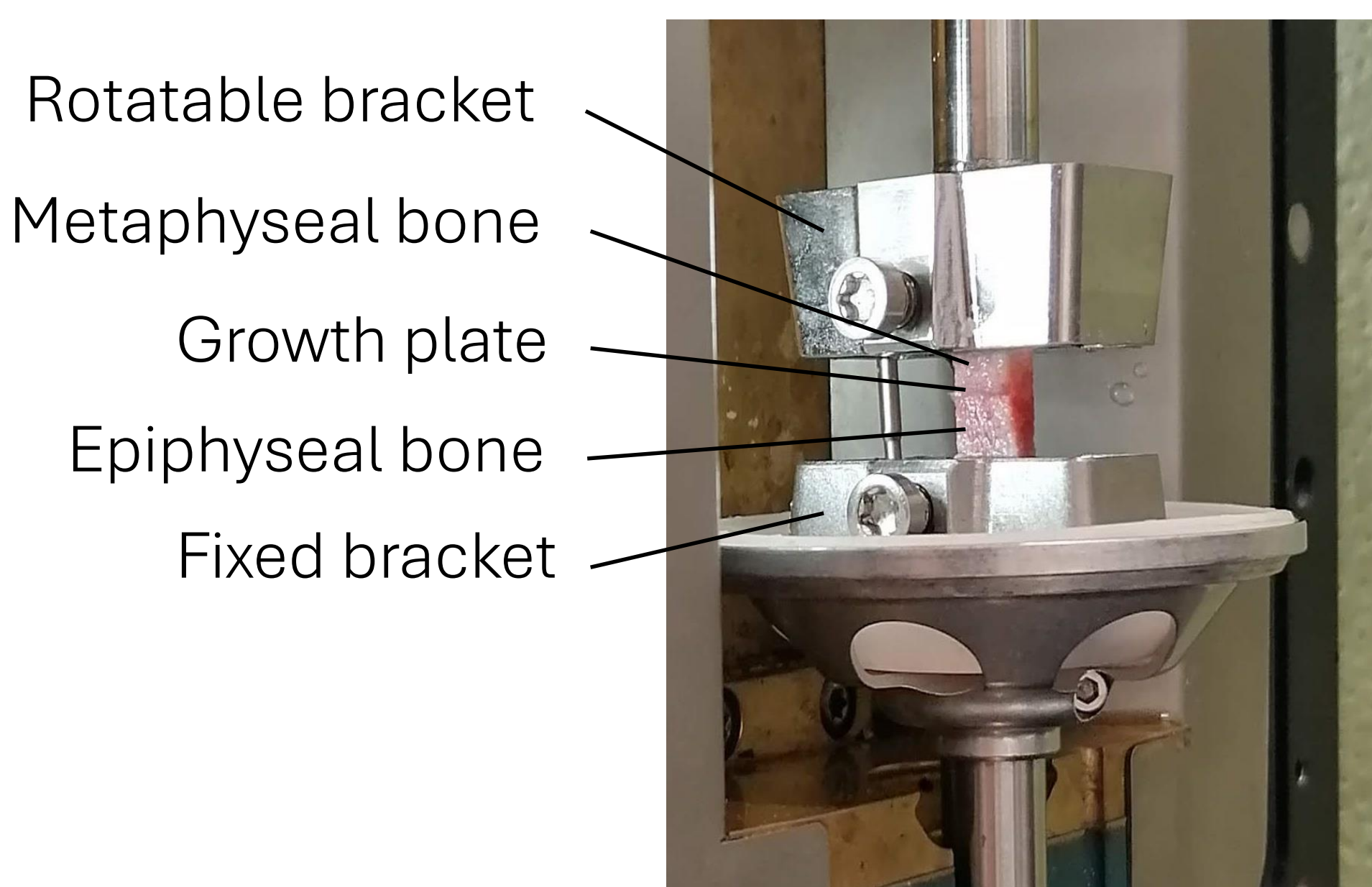
Introduction

- Finite element analyses are used to evaluate mechanical stresses in the growth plate (GP), which depend on the material properties.
- This study performed shear tests to investigate material properties, which have been poorly studied until now.

Mechanical Testing

Specimen:

- 5 porcine individuals



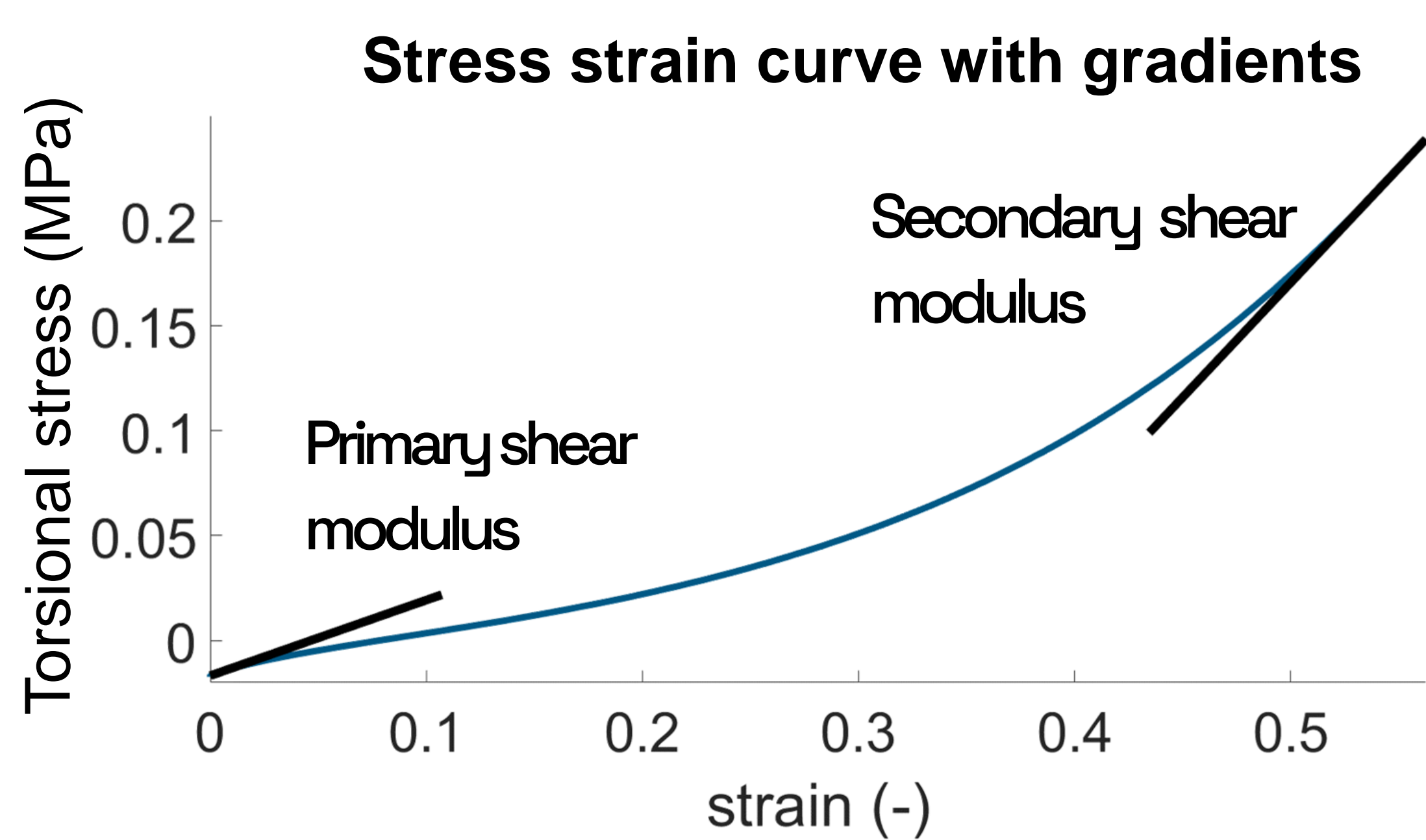
Test protocol:

- Cyclic deformation
 - shear rates of 0.04°/s, 0.2°/s, or 0.5°/s
 - maximum deflection angle of 8° to 10°
- Continuously increasing angle up to 25° until failure

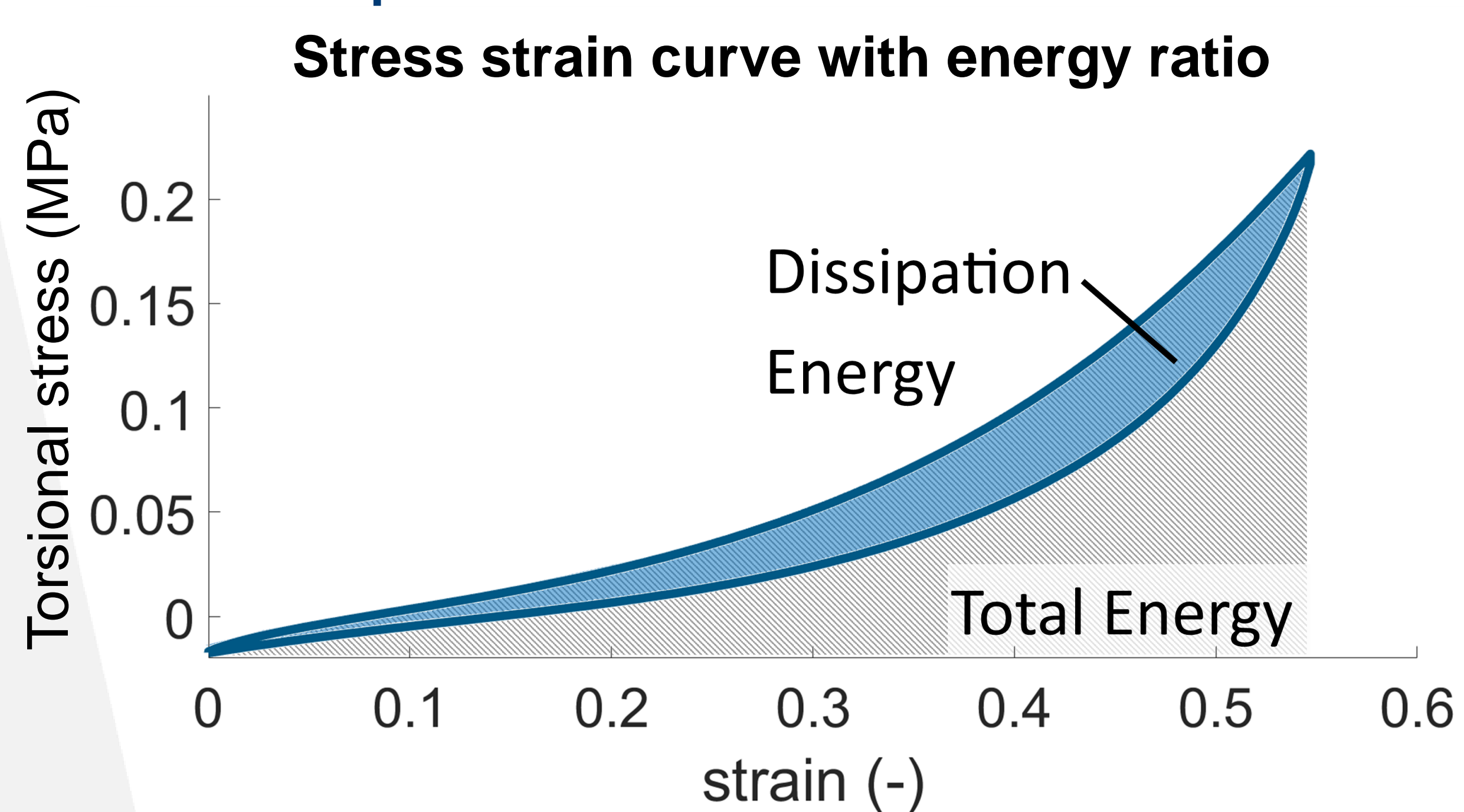
Material Properties

- Evaluation with MATLAB, Version R2023a (MathWorks, US-MA)

Elastic Properties:



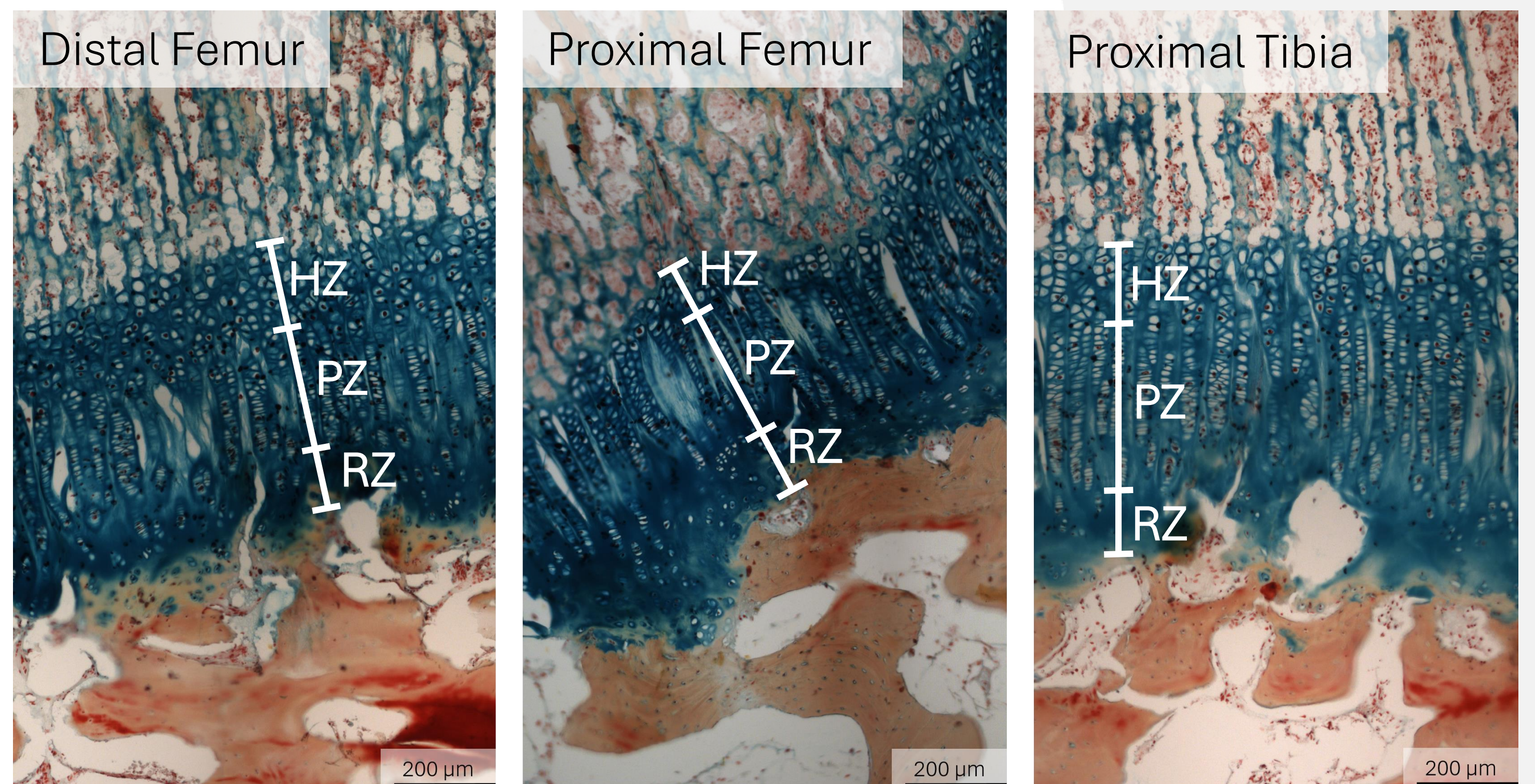
Viscoelastic Properties:



$$\text{Energy ratio} = \frac{\text{Dissipated strain energy}}{\text{Total strain energy}}$$

Histology

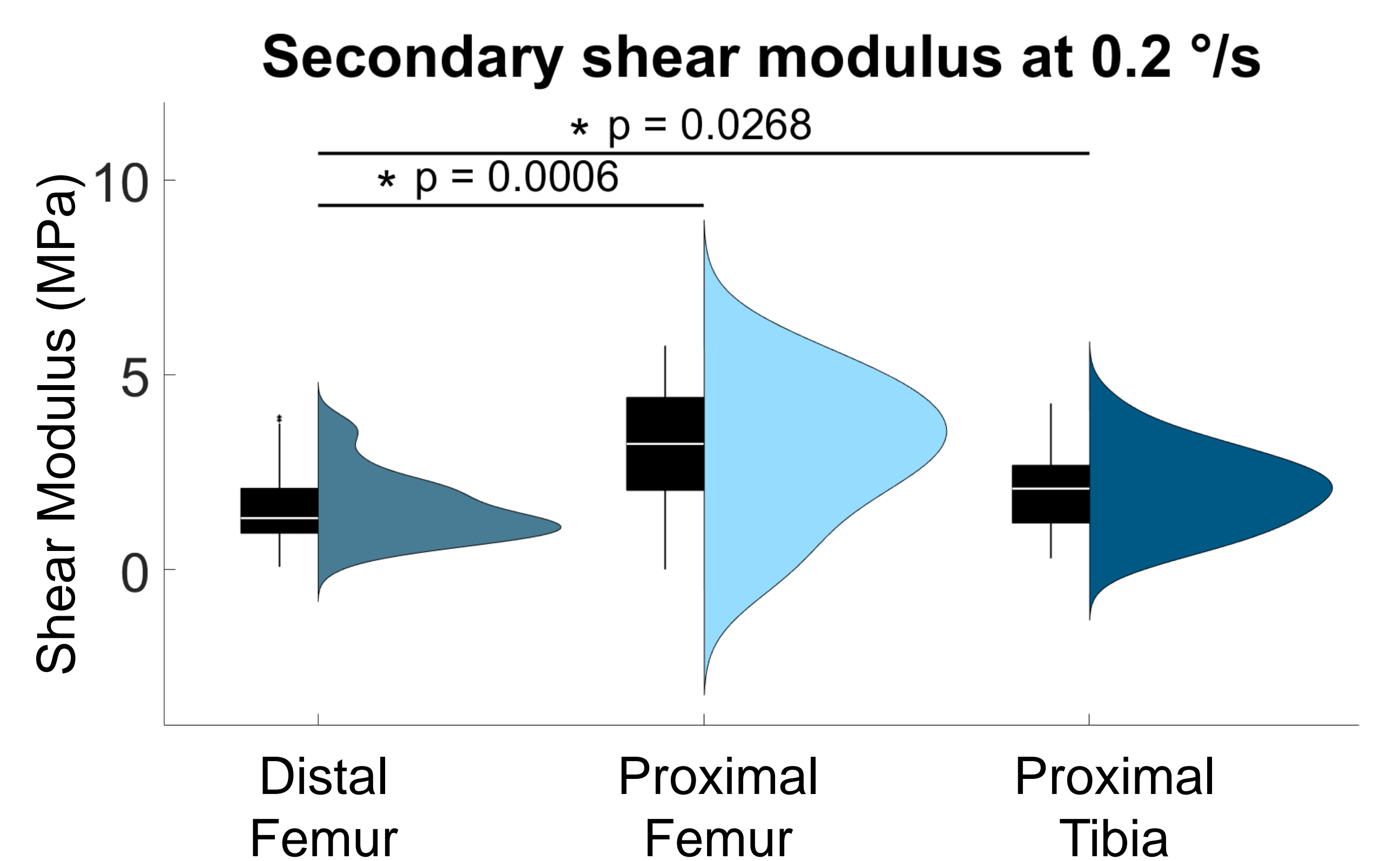
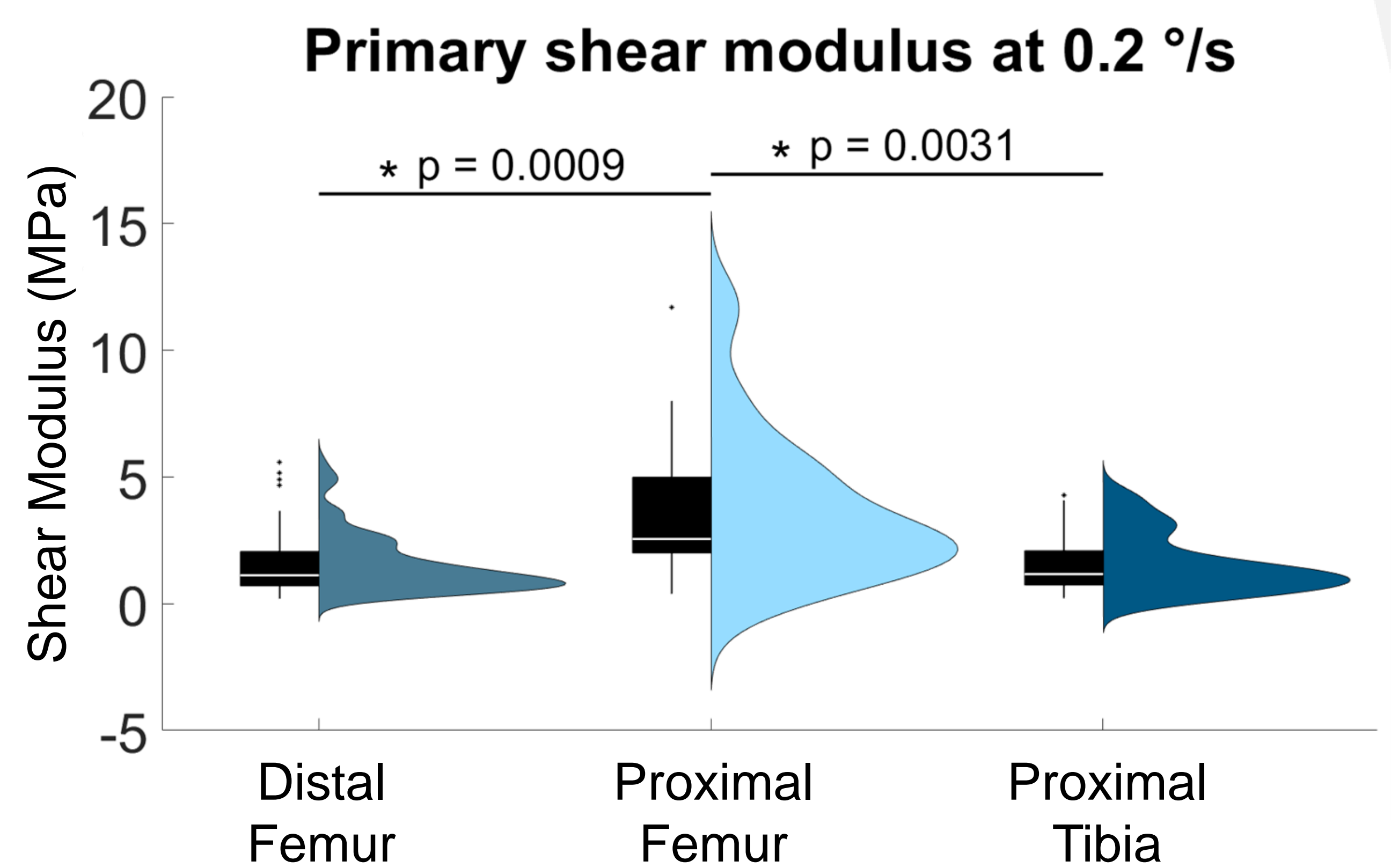
- MOVATs pentachrome staining



HZ – Hypertrophy Zone | PZ – Proliferative Zone | RZ – Resting Zone

Results

- No clear differences of evaluation parameters between individuals
- There is a low to moderate negative correlation between the thickness of the hypertrophic zone and the two shear moduli, which becomes more prevalent with faster testing speeds.
- The energy ratio is smaller for samples tested fastest.



Discussion

- Material properties of growth plate cartilage are not linear elastic.
- Next step will be to identify an appropriate constitutive relation for the purpose of finite element analyses.